

St Mellion Clinic SKIN REJUVENATION AND WRINKLE TREATMENT

Skin Rejuvenation, Wrinkle Treatment and Facial Skin Tightening



Skin Rejuvenation and Wrinkle Treatment

IMPORTANT:

Before any intervention, a thorough facial analysis must be undertaken in order to promulgate an appropriate treatment plan:

Glogau developed the traditional rhytide/photoaging classification scheme that is used most often today.

1. **Mild** (age 28-35 years) - Little wrinkles, no keratosis, requires little or no makeup for coverage
2. **Moderate** (age 35-50 years) - Early wrinkling, sallow complexion with early actinic keratosis, requires little makeup
3. **Advanced** (age 50-60 years) - Persistent wrinkling, discoloration of the skin with telangiectasias and actinic keratosis, always wears makeup
4. **Severe** (age 65-70 years) - Severe wrinkling, photoaging, gravitational and dynamic forces affecting skin, actinic keratosis with or without cancer, wears makeup with poor coverage.

The doctor will ascertain the patient's expectations and render a critical and honest judgment as to whether these technologies can deliver the expected results.

If the answer is no, or if the expectations are unrealistic, treatment will be deferred and other modalities considered, if applicable. Careful pretreatment analysis is an indisputable necessity in the evaluation and treatment of facial rhytidosis.

Wrinkle treatments include:

- **Laser, IPL and radio frequency treatments:** lasers (nonablative lasers), pulsed light sources and radio frequency devices don't injure the epidermis. These treatments heat the dermis and cause new collagen and elastin formation. After several treatments, skin feels firmer and appears refreshed. This means shorter recovery times, but treatment typically needs to be repeated more often and results are subtle.
- **Botulinum toxin type A (Botox):** When injected in small doses into specific muscles, Botox blocks the chemical signals that cause muscles to contract. When the muscles can't tighten, the skin flattens and appears smoother and less wrinkled. Botox works well **on frown lines between the eyebrows and across the forehead, and crow's-feet** at the corners of the eyes. Results typically last about **three to four months. Repeat injections are needed to maintain results.**
- **Soft tissue dermal fillers.** Soft tissue fillers, which include collagen and hyaluronic acid (**Restylane, Juvederm, Radiesse**) can be injected into deeper wrinkles on your face. They plump and smooth out wrinkles and furrows and give the skin more volume. **You may experience temporary swelling, redness and bruising in the treated area. The procedure may need to be**

repeated every few months.

- **Chemical peel.** Your doctor applies an acid to the affected areas, which burns the outer layer of your skin. With medium-depth peels, the entire epidermis and a small portion of the dermis are removed. New skin forms to take its place. The new skin is usually smoother and less wrinkled than your old skin.
- **Microdermabrasion:** It's done using a vacuum suction over your face while aluminum oxide crystals essentially sandblast your skin. Only a fine layer of skin is removed.

Cost:	
Botulinum	£230 [50 units]
Juvederm	£250 per syringe
Radiesse	£400 per syringe
CFT IPL treatments	£500 x 6
Chemical Peel and Microdermabrasion	£50 per treatment
Total:	
Dr Rajendra Patel MBChB LRCP LRCS	

Keep in mind results vary depending on the location of the wrinkles and how deep the wrinkles are.

Plus, nothing stops the aging process of skin, so you'll likely need the treatments repeated to maintain benefits.